



Marine Wing Headquarters Squadron 1 Unit, Personnel and Family Readiness Program (UPFRP)

Being on Okinawa has some unique challenges when it comes to family support. It is my intent to ensure you do not feel "alone on an island", but rather a part of this command and able to share this great overseas experience with friends and family.

As a member of MWHS-1, our Marines, Sailors, and Families have a host of military programs and services available to them, and I am committed to providing you and your families with the resources, education, and support you may need from those programs. The Single Marine Program (SMP) is a critical component of our UPFRP. In addition to leveraging SMP, the MWHS-1 UPFRP maintains a close working relationship with Marine Corps Community Services (MCCS), Marine Corps Family Team Building (MCFTB), and a host of other family support organizations.

The core tenants of the Unit, Personal and Family Readiness Program (UPFRP):

- 1) Communication ensures that correct, factual and timely information is passed.
- 2) Deployment Support which enables Marines/Sailors to be completely focused on the mission while deployed and assures them that, if they have family members, those family members are to be well cared for in their absence.
- Readiness and Resource Support in order for you to find the expertise you need whether it be for official business or local happenings.
- 4) **Volunteer Management** creates an environment where volunteers have a rewarding experience while providing a valuable and needed service to the unit.

The MWHS-1 Uniformed Readiness Coordinator (URC) is our primary point of contact for access and navigation of the numerous family resources provided by MCFTB and MCCS; they are available to assist you. Our DRC/URC will serve as the primary communication link with our families.

MWHS-1 families have access to our URCs anytime, day or night. Their office phone number is (315) 645-1402 or they can be emailed at patricia.morris@usmc.mil. For up to date MWHS-1 information and online resources, please visit us at https://www.facebook.com/marinewingheadquarterssquadron1.

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